



Lake Linganore Dolphins (LLD) Informed Consent and Liability Waiver

In consideration of gaining membership on the Lake Linganore Swim Team and being allowed to participate in the activities of the Lake Linganore Dolphins Swim Team, I/we do hereby waive, release and forever discharge, indemnify and hold harmless, the Lake Linganore Dolphin Swim Team, Lake Linganore Association, The Frederick Summer Swim League and it's officers, agents, employees, representatives, and all others from any and all responsibility or liability for injuries or damages, including those caused by negligent act or omission of any of the foregoing persons or entities, arising out of, resulting from or in connection with my use of the Lake Linganore Association's facilities and or equipment, and the Lake Linganore Dolphins Swim Team equipment or any participation in any Lake Linganore Dolphins Swim Team program.

I understand that the participation in the Lake Linganore Dolphin Swim Team and the use of the Lake Linganore Association facilities and the Lake Linganore Swim Team equipment is potentially hazardous. I also understand that swimming involves a risk of injury, even death and that I am voluntarily participating in the Lake Linganore Swim Team programs and using the Lake Linganore Association facilities and Lake Linganore Dolphin Swim Team equipment. I hereby agree to expressly assume and accept any and all risks of injury or death.

The Frederick Summer Swim League, its officers and/or members, are not to be held responsible for any loss of personal property, injuries, or bodily harm caused during the 2025 Swim Season.

I certify that the child(ren) registered is/are in good health and is/are capable of swimming at practice and meets. I agree to hold harmless the Lake Linganore Swim Team, its coaches, and the Board of Directors for any injury, neglect, or losses.